

SEPTEMBER EXTRA CLICK HERE

As a congregation we pride ourselves in supporting our neighbours at a time when we are celebrating the riches of harvest and all its benefits which we are lucky enough to enjoy. Hopefully this year we as a congregation will surpass our previous generosity in assisting the less fortunate, let us continue this lovely tradition.

- Harvest gifts can be brought to Church between 10:00 & 12:00 on Friday 2 /10/20.
- Members of the Flower Group will be at the front door to receive any donations.
- Donations can also be dropped off at the office. Please call to arrange 0141 427 1968.
- Donations can also be left on your door step for collection. Please call Ranald Findlay 0141 616 3966 to arrange a safe pick up.

This year the LHM are especially in need of:

- Toiletries: toothbrushes, toothpaste, shampoo, conditioner, disposable razors and shaving foam and soap
- Scarves, gloves and socks
- Pasta, rice, tinned fish and tinned meat, tinned soup, baked beans and tinned spaghetti, biscuits, UHT milk, diluting juice
- Tea, coffee and hot chocolate
- Chocolate bars

Harvest Sunday

Why, when so many people have lost the connection between food production and food consumption, do we still celebrate what has become, for many, an antiquated relic of times past?

Most of us can remember Harvest Festival Services with tables groaning with produce brought to the kirk making a fantastic display. These Services were something to behold as the church would smell of fresh food which had been crafted into a great display to show just how bountiful the creation could be. What many do not realise is, it is a peculiarly English speaking world tradition. Yes, other cultures have a variation on Thanksgiving but the harvest we know is peculiar to these islands and funnily enough to the old dominions and colonies.

Harvest, in the past, was always celebrated when the last of the summer crops had been brought in. Whole communities had to lend a hand otherwise the crop would be ruined by the weather and the whole community would suffer. The harvest could take weeks and the work very often would begin early August and continue right through until the end of September or beginning of October. Once the harvest was in there was a great celebration. This celebration usually took place (particularly in England) on the Sunday nearest to the Feast Day of St Michael (29th. September).

We still celebrate the harvest although we have little connection with it today because it reminds us the earth is God's and it is through God's goodness we have all we need. Many in the world have nothing or next to nothing so the nature of Harvest Festival has changed to reflect the churches concern for those who have little or nothing. This manifests itself in many ways and one of those in the kirk is the help we give to the Lodging House Mission.

Please see what Marco Gaudoin has written and look at the website for the video clip from Claire Herbert the LHM chaplain.

Tom

UPDATE ON THE FOOD BANK AND THE LODGING HOUSE MISSION

Trussell Trust Food Bank

The food bank has remained open throughout the general Covid-19 lockdown. The collections from Churches and football matched stopped but thankfully donations from supermarkets have been coming in. Interestingly we have seen fewer users, probably because they couldn't access their GPs or social workers as easily (the source of their vouchers) but also because Glasgow City Council have been supplying "emergency boxes" to vulnerable people. That said, as the lockdown has been eased, so the food bank is seeing more users again.

The constitution of the Trussell Trust means that it can only use financial donations to buy food and at present, there are good supplies. We do need donations of diluting juice and we are particularly in need of toiletries (toothbrushes, toothpaste, shampoo, conditioner, disposable razors and shaving foam and soap) so these are especially welcome.

I will be at Church regularly and if you would like to donate anything (incl. foodstuffs!), the boxes will be at the back of the Church as previously.

Lodging House Mission

Sadly, due to the Covid-19 situation the LHM had to close the doors of the day centre in East Campbell St. on 16th March. It was felt too risky to expose staff and the very vulnerable client group to the potential of contracting the virus and given the current guidance in Glasgow, there is no prospect of East Campbell St. opening again any time soon.

However, the staff have been working creatively with other agencies to distribute food parcels and continue to provide practical support (e.g. help with application for benefits). They have designed food parcels for people who have access to cooking facilities and "kettle food" parcels for those who only have access to a kettle e.g. pot noodles, instant porridge and so forth. Nevertheless, generally pre-cooked, ready-to-eat foods have been the most practical donations, whilst donations of toiletries are always very well-received.

One initiative, in conjunction with some of the other charities' street outreach teams and local cafés, which has proved very positive in the lockdown is the Meal Voucher scheme. A £5 voucher buys a hot takeaway meal, plus a tea/coffee or a cold drink and as a donor you know the money is being used to help feed the person and it is also helping local businesses in these tougher economic times.

Sherbrooke-Mosspark Parish Church has traditionally supported the LHM with the Harvest Festival donations and we are doing the same this year. A list items for donation and how you can give to the LHM for the Meal Voucher scheme by following the link: https://www.lhm-glasgow.org.uk/give.

We remain indebted and appreciate everyone's generosity, Isobel and Marco Gaudoin

UPDATE FROM DEACON CLATRE HERBERT

Dear Marco, 23/9/20

Thank you so much for you continued support of Lodging House Mission. I have attached for your interest our August and (hot off the press) September Newsletters to give you an idea of the upcoming events and Harvest Appeal information. Throughout this Covid-19 pandemic, as you know our service has had to adapt and take account of changing Government guidance.

At LHM, we seek to make a positive impact on the lives of those who are homeless, vulnerable and socially isolated.

While we remain closed to the public, we are doing so through our Chaplaincy phone line (07864 705 668) which aims to help combat the stress of social isolation and provide access to wider support services.

Our small but dedicated volunteer team continue, as we have done throughout the pandemic, to prepare emergency food parcels and essential toiletries packs to be distributed to those most in need through our frontline agency partners. We have now directly supported 177 individuals and indirectly through our partner agencies a further 938 individuals have received food parcels during the pandemic. We now have a 'hot meal voucher' scheme, fulfilled through partnership with local takeaway restaurants. This is proving to be a great engagement tool for the frontline services, helping them engage with the more vulnerable, street and rough sleepers and making sure no one needs to go without a hot meal.

Our support meetings for those with Alcohol and Narcotics addictions resumed this month. We are delighted to say we have been able to accommodate the frontline workers from the Simon Community while their own building is being renovated. Covid-19 has made these closer partnership opportunities possible and we trust they will be fruitful in the winter months to come. We continue with God's grace to seek new and creative ways to meet the Mission's aims.

I trust this is helpful to you however if you would like any further information please do get in touch. It may be of interest to you to note from our September newsletter that we have a short video available to share through YouTube to support congregations with our Harvest appeal. We know none of this would be possible if it were not for the generous donations and prayers of support from congregations such as yourselves at Sherbrooke-Mosspark Parish Church, so please pass on our regards.

May God bless you as you prepare to celebrate the rich blessing that is God's Harvest season.

Yours sincerely

Deacon Claire Herbert, Chaplain LHM

MARGARET'S STORY - YORKHILL

Before leaving school I decided that as Maths and Science were not my forte, any chance of studying medicine was not an option. However, would physiotherapy be an option?

There was a waiting list for the training programme for physios which was in Edinburgh at that time, and in 1949, having a 'year out' was not an option. Certainly, not in the Duncan family!

My Mother noticed an advertisement on 1st September, 1949 for a trainee post in the Orthopaedic Appliance Dept (Splints) at Yorkhill as a "temporary measure"? I got the job. That 'stop gap' lasted until 1983!

In the 40's until the mid 50's the Department was staffed by girls, then the male members joined us as the type of appliances being made were having to be adapted to the wider range of 'handicaps' attending the Clinics. They came in our direction for a variety of aids or callipers etc.

At that time, the mid 50's, children attending with a range of Orthopaedic conditions seemed to be increasing. The General Surgeons handed over the care of these young people to a team of Orthopaedic Surgeons and that could be challenging in many ways. How do you explain to an English Surgeon, on a short fuse, the meaning of the world 'trachled'? He asked a Mother to explain "How does your child walk"? Back came the reply "He walks as if he is awfie trachled". In despair he turned to me "explain that word!" After a moment of thought, I said "You know what I look like after your Friday afternoon Clinic? That is trachled!"

Sometime later we encountered the tragedy of Thalidomide. We had one or two babies at Yorkhill before a special unit for these wee children was set up in Edinburgh. I think that was the beginning of the incredible work carried out in that field and now many ex-servicemen and women benefit from Prosthetics and Orthotics Depts throughout the country.

Eventually, with the ever changing field of Orthopaedic conditions, a training programme in Orthotics and Prosthetics opened up at Strathclyde University and some of our staff attended lectures there. Now I understand that there is a combined training programme at the University

of Strathclyde which you would attend before being appointed to posts in the various hospitals.

When Yorkhill was being built in the 60's our Department was 'evacuated' to Drumchapel Hospital for several years, then back to the 'new building' with snagging problems and more challenges before a royal opening by the Queen and the Duke of Edinburgh in 1972.

When I got married to Eben in 1978, we decided that I should continue at Yorkhill - much to the horror of the wife of Eben's Senior Partner! "The Partners' wives don't work!" she said. The formidable lady was a bit non plussed when I rebelled and continued at Yorkhill for a further four years! Then Eben and I decided to 'retire', draw breath and travel as the family had gone off in different directions.

We were free agents able to travel and Eben was able to relax and enjoy his garden in our 'retirement'. (Now in the enforced period of isolation I am fortunate to be able to move around our home and sit in my little Summer House and gaze fondly on Eben's garden. I keep in touch with the outside world with TV and iPad, and I am rescued at regular intervals by Mags – another Yorkhill connection and a tower of strength! The Church family are very supportive of the elderly and much appreciated by us all.

Mags and my Grandchildren encouraged me to put pen to paper. Mags felt it would be good for my brain. Grandson Alastair reminded me that he still had a plaster cast of his foot from when he and Hannah, his sister, visited Yorkhill. Hannah recalls the tale of my 'office' being in the telephone booth in the Outpatient Dept for when there were 'snags' to be sorted out in the new building - happy days!!

Margaret Dawson

I BLAME IT ON LOCKDOWN - ROBERTA MCLENNAN

I blame it on Lockdown. Like all addictions it happens gradually then you realise you are hooked. It was so easy to become a NOW, a nosey old woman!

I noticed that I was drifting towards the window more and more each day watching my neighbours. Taking note of the movement of their cars. Before Lockdown a young couple moved in across to the rented flat. The girl caught my eye with her ready skip as she made her way up the garden path to the door.

They looked bright young things in the first flush of love. And I sighed and took a proprietary interest in them. No, not nosey, mind you, just interested. Once restrictions relaxed on seeing them in the street we exchanged pleasantries and names,

Ten days ago I recognised the landlord's car. "Oh no", I thought that usually indicates tenants are moving out.

Two days later there was no sign of the bright young things car. And the curtains which were usually organised neatly were hanging limp. I said to my husband the NOM, the nosey old man, "I think that lovely young couple have gone".

All day I kept glancing at the window to spot their car or an alteration of the curtains. Only to receive a disappointment.

Day three, four and five passed to no changes. No car etc.

Before serving dinner on the evening of day five I had another wee look out my window. Joy and relief flooded through me. They were back! The car was parked on the street and the curtains rearranged neatly as before. Maybe they had been on holiday I mused.

Hallelujah. I celebrated afterwards with a huge cream cake, and why not, Is every day not a birthday.

Roberta McLennan

DESERTISLAND DISCS

Name of Castaway: Laura Robertson

Choice of Music:

- 1. The Lark Ascending Vaughan Williams. My very, very favourite piece.
- 2. Beethoven 6th Symphony 'The Pastoral". Memories of many concerts at the concert Hall with the R.S.N.O.
- 3. Scheherazade by Rimsky Korsakov. Fast moving and tuneful.
- 4. Out of Africa by John Barry. Wonderful film and very moving music.
- 5. Max Bruch Concert No1 Opus 47 for Cello and Orchestra. Great piece to match his first violin Concerto. CLICK HERE

Choice of Book & Reason:

Castles in the Air by Lady Jean Fforde. Wonderful story of a young girl growing up in Buchanan Castle and Brodick Castle. (Daughter of the Duke of Montrose)

Choice of Luxury Item & Reason:

Protection from the elements - In this case the sun. (shade, sun cream etc)

Church Dates

4/10/20 - Harvest Sunday 8/11/20 - Remembrance Sunday 29/11/20 - Beginning of Advent

Women's Group Zoom Meeting. 19:30 8/10/10 Seasonal Yoga with Dawn Clark Kerr

Dear Friends

In the past I have been a volunteer fundraiser for the Prince and Princess of Wales Hospice. I mainly worked with Jennifer Easson, an employed fundraiser with the Hospice. Jennifer has contacted me to ask for help in attaining prizes for an online auction which they are going to hold in December. They are unable to hold their usual fundraising events due to Covid restrictions, therefore their funds have been severely depleted. As the Hospice is in our Parish, I wondered if any of you were able to donate anything for the auction? Many of us will have been touched by cancer and life limiting disease in one way or another and the care given by the Prince and Princess of Wales Hospice is second to none.

Suggested prizes might be vouchers for afternoon tea, lunches etc, a two or four ball golf prize, bottles of whisky, champagne, wine etc. Anything you think might do well in an auction.

If you wish to donate anything, please contact Jennifer on her direct line - 0141 429 9882, or by email: jennifer.easson@ppwh.org.uk

I think she would like any donations as soon as possible to organise the auction. Many thanks

Anne Steele.

RING RANALD ...

Harvest Donations

If you are unable to drop off donations at the Kirk on Friday 2/10/20 between 10:00 - 12:00. Please call Ranald 0141 616 3966 and he will arrange a pick up from your door step.

MARTHA'S TRICKY TEASERS

- 1. Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?
 - 2. There is a clerk at the butcher shop, he is five feet ten inches tall and he wears size 13 sneakers. What does he weigh?
- 3. Before Mt. Everest was discovered, what was the highest mountain in the world?
- 4. How much dirt is there in a hole that measures two feet by three feet by four feet?
- 5. What word in the English Language is always spelled incorrectly?
- 6. Billy was born on December 28th, yet his birthday is always in the summer. How is this possible?
- 7. In California , you cannot take a picture of a man with a wooden leg. Why not?
- 8. What was the name of the President of the USA in 1975?
- 9. If you were running a race and you passed the person in 2nd place, what place would you be in now?
- 10. Which is correct to say, "The yolk of the egg are white" or "The yolk of the egg is white"?

ARRAN ADVENTURE - UNA HEANEY...



At the end of August, the Heaney family, Una, George and Shona, not forgetting Alexa's tortoise, Voldetort, travelled here to Arran for a long-awaited holiday. Arran is a regular haunt of ours and Brodick is our second home. Although we haven't been here since

February, the house was much as we had left it (only a few cobwebs) and we soon fell into our usual ways, long lie ins, leisurely walks along the front and pottering about in the garden. Thanks to the wonders of technology, Shona and I have been able to participate in the Virtual Choir and we have all enjoyed the Sunday services at Sherbrooke Mosspark. I've been keeping up with my yoga, gym and harp (thanks Alice) classes via Zoom and I even joined the Presbytery meeting on Webinar, which was a new experience... no need to drive home afterwards on a dark, wet night!

We've had the full weather experience over the past couple of weeks, with winds of various speeds and all varieties of rain, but recently it seems to have improved, clear skies and a beautiful sunset last night. Arran is quieter than usual, mainly due to reduced capacity on the ferries. A sign of the current situation is that the Co-op and the Post Office have "traffic lights" controlling entry. The Brodick pharmacy conducts business in the porch outside the front door... the weary hiker can no longer browse its extensive range of footcare products inside the shop. However, the views don't change and Goatfell continues to dominate Brodick Bay.

We're due home on the 24th September, but hopefully we'll be back again soon.

Una and family

MARTHA'S TRICKY TEASERS - Gordon's answers

- 1. Johnny of course
- 2. Meat.
- 3. Mt. Everest; it just wasn't discovered yet.
- 4. There is no dirt in a hole.
- 5. Incorrectly
- 6. Billy lives in the Southern Hemisphere
- 7. You can't take pictures with a wooden leg. You need a camera to take pictures.
- 8. Same as is it now Donald Trump
- 9. You would be in 2nd. Well, you passed the person in second place, not first.
- 10. Neither, the yolk of the egg is yellow



WHAT ARE YOU DOING DURING THE PANDEMIC?

Roberta McLennan is making greeting cards and these are now available to buy from the Card Shop on our website. Roberta is donating the money raised to the Lodging House Mission.

Anne McCaig has produced a weekly quiz for our website since April and is working on a fun one for the next magazine.

The October Magazine will be available week commencing 12/10/20. Please let us know what your are doing to pass the time. You can post a letter, or write an email to Mags or call Ranald who will jot down your ideas and deliver them to Mags. Copy date 6/10/20