

Intimations,

~ There is no mid-week service.

~ Kirk session Tuesday 3rd September in the small hall @ 7.30pm

~ **"Chair Yoga: There is a class starting in September if enough people show an interest. Learn breathing techniques while doing gentle exercises sitting on a chair (no getting down on the floor or struggling to get up!!). Discounts available for 4-week bookings. If you would like to try this, please see the posters on the notice boards, website or Facebook, on how to contact Margaret."**

~ **Ceilidh Tickets** will be on sale after the church service in the large hall today. Price £20 a ticket for over 12's. £10 under 12's. Family of 2 plus 2 at £50. BYOB. Dinner and entertainment included. Please bring some coins and cash on the night for various games. Any questions please see Nigel or Jan.

~ **Sherbrooke Yarn Stormers**

We start back on Tuesday 3rd September 1:00 - 3:00pm in the small hall. We have a coffee break around 2:00pm. Come along with size 4mm knitting pins. We will supply wool and patterns. The patterns can also be downloaded and printed from our website. systormers.weebly.com

~ **Women's Group** - our first meeting of the new session is on Thursday 5th September at 7.30pm in the small hall. Our speaker is Alison Hepburn of Glasow Street Aid.

~ **Soup & Chat** returns on Tuesday 10th Sept 12 - 1.30pm

~ **The AM Chorus** is starting back on Wednesday 11th September at 10am in the Large Hall. Everyone is welcome.

~**Dunny clear out:** we are planning to clear out the space below the church known as 'the dunny'. If anyone has items stored there which they don't want to end up in the skip please identify them and notify the Property Committee before 15th September

~**Autumn Newsletter 2024:** we are planning to produce a short newsletter if you have any articles on information you would like to have published, please send details to either "Clare Williams" ClareWilliams64@hotmail.com or Janis Walker in the office.